

Should my child be at School/Childcare?



Send me to school if...

My symptoms have been improving for at least 24 hours (48 hours if there is nausea, vomiting or diarrhea),

AND

I've been fever free for 24 hours (without taking fever reducing medication),

AND

I can fully participate in school activities.



Keep me at home if...

If I have a temperature higher than 37.7 degrees

I have been throwing up or have had diarrhea in the last 48 hours.

My eyes are red and painful with discharge that keeps coming back during the day.

I have been having body aches, fatigue, and headaches.

I have a cough, runny nose, or sore throat.

I don't feel well enough to participate in school activities.

I have an undiagnosed rash.



Follow up with my Health Care Provider if...

I have had a fever for more than 2 days.

I have had a sore throat and fever for several days. I've been throwing up or have diarrhea for more than two days.

I've had a cough for more than a week, and it isn't getting better.

I have had a fever and now have a rash.