

# HOW TO SAFELY WEAR A NON-MEDICAL MASK OR FACE COVERING



Wash or sanitize your hands before and after touching your mask.



Make sure the mask covers your nose, mouth and chin. It should feel comfortable without any gaps.



Ensure that your mask is made with at least 2 layers of fabric



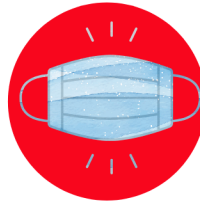
Store reusable masks in a clean paper bag between use



Wash reusable masks when they become soiled or wet



Please discard disposable masks in garbage cans properly



Don't reuse masks that are moist, dirty or damaged



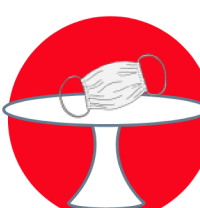
Don't touch your mask while wearing it and use string/ear loops to take it on or off



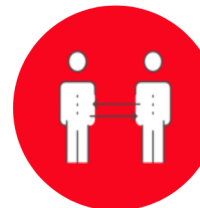
Avoid wearing the mask around your neck and always cover your mouth and nose.



Don't share your mask with others



Don't leave a used mask within reach of others



Don't forget to continue to physically distance 2 metres while wearing a mask



[www.ckpublichealth.com/covid19](http://www.ckpublichealth.com/covid19)  
519.355.1071 X 1900  
[covid19@chatham-kent.ca](mailto:covid19@chatham-kent.ca)