#### **Addictions Treatment**

**Bluewater Methadone Clinic** – *Chatham* (519)351-5800

Wallaceburg (519)627-5800

**Addictions Assistance Line** – 1-800-721-3232 For addiction related help 24/7

**Brentwood Recovery Home** – (519)253-2441 (Windsor)

**Withdrawl Management Services** – *Sarnia* (519)332-4673

Windsor (519)257-5225

London (519)432-7241

**Erie St. Clair Methadone Clinic** – (519)977-9772

**Mental Health and Addictions Program** – (519)351-6144 <u>www.ckha.on.ca</u> – *Adult & youth assessment, treatment for alcohol, drugs, gambling.* 

**Opiod & Other Substance Misuse** CK Public Health (519)352-7270 <a href="https://ckphu.com/health-topics/opioids-other-substances/">https://ckphu.com/health-topics/opioids-other-substances/</a>

**CK Public Health Quit Clinic** – (519)352-7270 ext.2488 <u>www.CKSmokefree@chatham-kent.ca</u> -Smoking and vaping of e-cigarettes cessation program.

**Bluewater Methadone Clinic** –*Chatham* (519)355-5800

Wallaceburg (519)627-5800

Chatham-Kent Community Health Centre – (519)397-5455 www.ckchc.ca

CKHA Youth Addictions Treatment – (519)351-6144 www.ckha.on.ca

## **Self Help Programs for Addiction**

Al-Anon / Al-Ateen - (519)352-2006

Alcoholics Anonymous -1-866-242-8811 (24/7)

**Cocaine Anonymous - 1-866-622-4636** 

**Problem Gambling Hotline - 1-888-230-3505** 

**Narcotics Anonymous – (**519)566-3830

Intervention Pain Clinic – (519)360-9000

### **Addiction Counselling**

Chatham-Kent Community Health Centre –(519)-397-5455 www.ckchc.ca

**Chatham Kent Health Alliance –(**519)351-6144 <u>www.ckha.on.ca</u> – *Mental Health and Addictions Program* 

House of Sophrosyne – (226)627-0621 <a href="www.sophrosyne.ca">www.sophrosyne.ca</a> –CK Caring Connections Program

#### **Addictions Community Group Programming**

Canadian Mental Health Assn – (519)436-6100 www.lambtonkent.cmha.ca

Chatham-Kent Community Health Centre – (519)397-5455 www.ckchc.ca

**Chatham-Kent Health Alliance** –(519)351-6144 <u>www.ckha.on.ca</u> –*Mental Health and Addictions Program* 

**House of Sophrosyne** – (226)627-0621 www.sophrosyne.ca –*Chatham Kent Caring Connections Program* 

Westover Treatment Centre -1-800-721-3232 <u>www.westovertreatmentcentre.ca</u>

### **Harm Reduction Supplies and Services**

CK Public Health - (519)1071 ext.5901 www.chphu.com 177 King St E., Chatham ,ON

AIDS Committee of Windsor Mobile Outreach (Chatham) - (519)257-9646

**Chatham-Kent Community Health Centre (Wallaceburg)** – (519)397-5455

McTavish Pharmacy (Dresden) – (519)683-4491

Shopper's Drug Mart (Wallaceburg) - (519)627-2204

### Family and Friends Addiction Support Programming and Services

Al-Anon / Alateen – (519)352-2006 <u>www.al-anon.alateen.on.ca</u>

Canadian Mental Health Assn – (519)437-6329 ext6011 www.labtonkent.cmha.ca

Chatham-Kent Children's Services - (519)352-0440 www.ckcs.on.ca

Family Services Kent – (519)354-6221 <u>www.familyserviceskent.com</u>

Nar-Anon -1-877-239-0096 www.naranonontario.com

Chatham-Kent Neighbourlink – (519)352-5647 www.neighbourlinkck.com

Partnership for Drug-Free Kids – 1-855-378-4373 Text:55753 www.drugfree.org

Tilbury District Family Health Team – (519)682-2307 ext.239 Parent Support Group

### **Indigenous Programs & Services**

**Bkejwanong Walpole Island First Nations**— Community Service Program (519)627-0767

Enodmaageig Social Services (519)327-6072

Walpole Island Health Centre (519)627-0765

www.walpoleislandfirstnation.ca

Three Fires Echignowenmindwaa Women's Shelter – (519)628-3635

**Bkejwanong Youth Facility** – (519)627-2077

Eelunaapeewi Lahkeewiit Delaware Nation – Wulamalswiikcaam Delaware Nation Health Centre –

(519)692-3969 www.delawarenation.on.ca

### **Faith-Based Services**

Neighbourlink WrapAround Relational Ministries – (519)352-5647 www.neighbourlinkck.com

**Salvation Army** – *Chatham* (519)354-1430

Wallaceburg (519)627-8257

Ridgetown & Blenheim (519)674-3765

www.cksalvationarmy.org

## **Gambling Programs & Services**

Chatham-Kent Health Alliance - (519)351-5647 www.ckha.on.ca - Mental Health & Addictions Program

Connex Ontario - 1-866-531-2600 www.connexontario.ca

Gamblers Anonymous – (226)344-5127 www.gamblersanonymous.org (Windsor)

**Hotel-Dieu Grace Healthcare – (**519)254-2112 <u>www.hdgh.org</u> –Addictions Assessment Services (Windsor)

### **Counselling & Treatment**

**Assertive Community Treatment** – (519)355-0667 - Intensive case management for serious and persistent mental illnesses, medication monitoring.

Canadian Mental Health Association (CMHA) – M-F, 8:30-5pm, Chatham (519)436-6100

M-F, 8:30-4:30pm, Wallaceburg (519)627-9267

24/7 Crisis Response Team 1-866-299-7447

Case management for serious and moderate mental illness, support groups & court support services

**CKHA, Mental Health and Addictions Program** – (519)351-6144 - *Counselling for serious, persistent mental illness.* M, Th, F 8:30am-4:30pm, Tu, W 7:30am-7:30pm

CK Women's Centre - (519)351-9144 Community Outreach, M-F 8:30-9pm

(519)354-6360 / 1-800-265-0598 - Crisis Line (27/4)

**Family Services Kent – (**519)354-6221

ACCESS Open Minds – (519)437-6329 <u>www.accessopenminds.ca</u> - Youth (11-25) mental health services

Chatham-Kent Children's Services – (519)352-0440 www.ckcs.on.ca

Rain and Shine Behavioural Counselling – (519)380-6657 www.rainandshine.on.ca

Chatham-Kent Restorative Justice – (519)380-0931 www.rjck.org

Mental Health Network of Chatham-Kent – (519)351-3100 <u>www.mhnck.com</u>

#### **Crisis Services**

AIDS Hotline - 1-800-668-2437

Emergency - 9-1-1

CMHA First Response Crisis Line (24/7)- 1-866-299-7447

CK Children's Services- (519)352-0440 - Services for children up to 18 years of age. M-F 8:30-4:30

**CK Courts – (**519)355-2200 – Court Services are responsible for booking the Justice of the Peace appointments (M-F, 9-5pm). Any inquiries for Form 2s and/or Justice of the Peace can also be directed to CMHA (519-436-6100).

Chatham Kent Health Alliance Crisis Services – Emergency Dept. Chatham (519)352-6400 ext.6300

Margaret Ave. Wallaceburg (519)352-6400 ext.8151

Sexual Assault Crisis Treatment (519)352-6400 ext.6382

CK Sexual Assault Crisis Centre – (519)354-8688

**CK Victim Services** – (519)436-6630

**CK Women's Centre** (24/7) – (519)354-6360

**Pride CK** – (226)268-2766 *Peer support, crisis assistance and social programs* 

Western Area Youth Services (WAYS) – (519)354-4095 www.ways.on.ca

#### **Health Care Needs**

CK Community Health Centres - (519)397-5455

**CK Family Health Team – (**519)354-2172

CK Health Alliance - Grand Ave. Campus, Chatham (519)352-6400

Sydenham Campus, Wallaceburg (519)352-6400

**CK Public Health - (519)352-7270** 

Four Counties Health Services - (519)693-4441 www.mhalliance.on.ca

#### **Support Services**

Alzheimer's Society CK – (519)352-1043 Information, referrals, day programs

**Blenheim Youth Centre** – (519)676-0207

**CK Hospice** – (519)354-3113 <u>www.chathamkenthospice.com</u> *Grief & bereavement, social work, spiritual care, music therapy, support groups* 

**Hope House** – (519)351-3100 *Information, referrals, support for families, groups* 

Schizophrenia Society of ON - (519)360-1722

VON - (519)352-5515 Bereavement groups

**Community Living CK** – (519)-360-9622 *Day program* 

**YMCA Community Connections** – (519)360-9622 *Group for new immigrants* 

**St. John's Ambulance Dog Therapy Program** – <a href="www.sja.ca/English/Community-Services/Pages/Therapy%20Dog%20Services/default.aspx">www.sja.ca/English/Community-Services/Pages/Therapy%20Dog%20Services/default.aspx</a>

## **Housing Programs**

Chatham-Kent Homelessness Response Line – (519)354-6628 www.chatham-kent.caa/ess

Canadian Mental Health Assn – (519)-436-6100 www.lambtonkentcmha.ca

Chatham-Kent Housing Services -519-351-8373 press 3 www.chatham-kent.ca Subsidized housing

Chatham-Kent Women's Centre -519-354-6360 / 1-800-265-0598 www.ckwc.ca

**Salvation Army Family Services** – 519-354-1430 <u>www.cksalvationarmy.org</u> *Emergency food, shelter, credit counselling, trustee* 

Hope Haven Men's Overnight Shelter -519-351-4010 www.chathamhopehaven.com

CK Health & Family Services – (519)351-8573 Ontario Works, subsidized childcare, housing

Ontario Disability Support Program – (519)352-5040

Family Services Kent – (519-354-6221 Credit counselling, trustee

Chatham Hope Haven Men's Shelter – (519)351-4010

#### **Employment Programs**

**Employment Ontario** -1-800-387-5656 <u>www.ontario.ca/page/employment-ontario</u>

**Employment Resource Centre** – *Chatham* (519)436-1123

Wallaceburg (519)627-6986

Adult Language & Learning – (519)354-7424 www.adultlanguageandlearning.ca

Canadian Mental Health Assn – (519)436-6100 www.lambtonkent.cmha.ca

Goodwill Industries – (519)354-4400 www.goodwillekl.com

**Jobmatch** – (519)627-0777

**St.Clair College Employment Centre** - Chatham & Wallaceburg (519)628-5269 www.stclairemploymentcentre.com

#### **Legal Services**

**Legal Aid Ontario** – (519)351-6771 <u>www.cklc.ca</u> *Chatham-Kent Legal Clinic* 

CMHA Court Support Services –(519)436-6100

Duty Counsel, CK Courts – (519)355-2200

Psychiatric Patient Advocate - 1-800-578-2343

### **Hot Meal Programs & Food Banks**

Hot Meal Programs & Food Bank Directory - www.LetsTalkFood-ck.com/food-resources-in-c-k

Blenheim Word of Life Church – (519)676-8036 <u>www.blenheimwordoflifechurch.com</u>

Chatham Outreach for Hunger – (519)351-8381 www.outreachforhunger.com

**Dresden Community Church** – (519)683-6541 *Dresden Community Food Bank* 

Mom's Baby Cupboard – (519)627-1302

Salvation Army -Chatham (519)354-1430

Wallaceburg (519)327-8257

Ridgetown (519)674-3765

Blenheim (519)674-3765

**Sandwich Guys** – (519)436-3472 (pager)

**Tilbury Information & HELP Centre** – (519)682-2268

**Wheatley Churches** – (519)825-7433

# **Police Services**

Chatham-Kent Police Service –(519)352-1234 <u>www.ckpolice.com</u>

Ontario Provincial Police -1-888-310-1122 www.opp.ca