

**Growing number of returned traveller-related complaints prompts direct response from CK's Medical Officer of Health**

It continues to be brought to CK Public Health's attention that some residents of Chatham-Kent are not taking the current self isolation directions seriously.

"I want to make the current restrictions for all travellers returning from outside Canada perfectly clear", said Dr. David Colby, Chatham-Kent's Medical Officer of Health.

"As of March 17<sup>th</sup>, anyone returning to Canada from outside of the country in the last 14 days, which would make for a return date of March 3<sup>rd</sup> or later, **must** self isolate for 14 days from the day they arrived back into Canada."

Dr. Colby also directed that anyone who has returned to Canada since March 17<sup>th</sup> and anyone still trying to get back to Canada must **also** self isolate for 14 days from the day of their arrival back into Canada.

"We have an incredibly short window of time to do our best to limit the spread of COVID-19 in Chatham-Kent, explains Dr. Colby. Please take these warnings seriously."

"Many thanks to those of you who have completed your self-isolation, states Dr. Colby. And to all Chatham-Kent residents, please continue to practice social distancing."

For information and updates related to COVID-19, residents are asked to please visit [www.ckpublichealth.com/covid19](http://www.ckpublichealth.com/covid19) or call the CK Public Health COVID-19 intake line at **519.355.1071 x 1900**

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