

# Ursuline College Chatham

CK Public Health Wellness Grant 2018-2019

## Mental Health Week



**1**

staff organizer

**12**

student leaders

**1200**

students & staff



"This project was the doing of those who may not advocate alone, but would support a group to advocate. I learned that through watching the committee grow as a group throughout this whole year. It was a great year."

"I love the shirts. They are the material I wanted. I love the colour."

"Thank you for the mental health week activities. We love the Speaker, salad day and the t-shirts."

