



[COURAGE]

**MENTAL OR
MORAL STRENGTH
TO VENTURE,
PERSISTERE
AND WITHSTAND
DANGER, FEAR
OR DIFFICULTY**

GOAL

To create supportive environments that promote health and safety using the four pillar approach of prevention, enforcement, treatment and harm reduction.

MISSION STATEMENT

Working together to raise awareness and reduce harms associated with substance misuse.



**ADDICTION IS PAIN.
STIGMA INFLECTS MORE PAIN.**

**SHATTER THE STIGMA.
MEND THE MIND.**

**WHEN YOU DON'T
KNOW WHERE TO
TURN, CALL 211!**



Chatham-Kent Drug Awareness Council



WWW.CKDAC.CA

ADDICTION?
WE CAN HELP.

EMERGENCY & CRISIS RESPONSE LINES:

Assaulted Women's Helpline
1-866-863-0511 | awhl.org

Chatham-Kent Children's Services
519-352-0440 | ckcs.on.ca

Chatham-Kent Women's Centre
519-354-6360 | 1-800-265-0598

Crisis Services Canada
1-833-456-4566 | crisiservicescanada.ca
Text 45645 | Daily 4pm-12am
(Crisis worker will text back immediately & continue to text with you)

KIDS Help Phone
1-800-668-6868 | kidshelpphone.ca

Mental Health First Response
1-866-299-7447 | lambtonkent.cmha.ca

Sexual Assault Crisis Line
519-354-8688 | cksacc.org

Western Area Youth Services (W.A.Y.S)
519-354-4095 ways.on.ca

Westover Treatment Centre
Addiction Assistance Services
1-800-721-3232 | westovertreatmentcentre.ca

Victim Services
Chatham 519-436-6630 | Sarnia 519-344-8861
ckpolice.com/victim-services/

INFORMATION & REFERRAL SERVICES:

211 Ontario Helpline: 211

Connex Ontario
Drug & Alcohol Helpline: 1-800-565-8603
Mental Health Helpline: 1-866-531-2600
Problem Gambling Helpline: 1-888-230-3505
connexontario.ca

Hotel-Dieu Grace Healthcare
Addiction Assessment Services (Windsor)
519-257-5220 ext.1 | hdgd.org

CKHA Mental Health & Addictions Program
519-351-6144 | ckha.on.ca

Addiction & Problem Gambling
Blue Water Health (Sarnia)
519-464-4400 ext. 5370 | bluewaterhealth.ca

Mental Health Service Information Ontario
1-866-531-2600 | mentalhealthhelpline.ca

HPLINES:

211 Ontario Helpline: 211

Connex Ontario
Drug & Alcohol Helpline: 1-800-565-8603
Mental Health Helpline: 1-866-531-2600
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connexontario.ca

Assaulted Women's Helpline
1-800-866-0511 | awhl.org

KIDS Help Phone
1-800-668-6868 | kidshelpphone.ca

Mental Health Service Information
1-866-531-2600 | mentalhealthhelpline.ca

Ontario Problem Gambling Helpline
1-888-230-3505 | mhagb.ca

Smoker's Helpline
1-877-513-5333 | smokershelpline.ca

WITHDRAWAL MANAGEMENT SERVICES:

Bluewater Health
Withdrawal Management (Sarnia)
Residential Management Prg: 519-464-4487
Community Withdrawal Management
519-332-4673 | bluewaterhealth.ca

Hotel-Dieu Grace Healthcare (Windsor)
Withdrawal Management Services
519-257-5225 | hdgh.org

Salvation Army – Centre of Hope (London)
519-432-7241 | centreofhope.ca

RESIDENTIAL TREATMENT PROGRAMS:

Brentwood Recovery Home (Windsor)
519-253-2441 | brentwoodrecoveryhome.com

House of Sophrosyne
Windsor - Women Only
(Accepts Methadone/Suboxone)
519-252-2711 | 1-877-533-9503 | sophrosyne.ca

Mission Services of London
Quinton Warner House | London - Men Only
519-434-8041 | missionservices.ca

Turning Point
519-659-2250 | turningpointinc.ca

Westover Treatment Centre
519-692-5110 | 1-800-721-3232
westovertreatmentcentre.ca

Windsor Life Centre
Windsor - Women Only - Faith Based
519-972-8160 | windsorlifecentre.com

OPIATE REPLACEMENT CLINICS (METHADONE/SUBOXONE):

Bluewater Methadone Clinic
Chatham: 519-351-5800
Wallaceburg: 519-627-5800
bluewatermethadoneclinic.ca

Richmond Clinic: 519-397-5222

Wallaceburg Addiction Clinic: 519-626-9317

PAIN MANAGEMENT CLINIC

Intervention Pain Clinic
519-360-9000

ADDICTION OUTPATIENT COUNSELLING:

Chatham-Kent Community Health Centre
519-397-5455 | ckchc.ca

Chatham-Kent Health Alliance
Mental Health & Addictions Program
519-351-6144 | ckha.on.ca

House of Sophrosyne
Chatham –Kent Caring Connections Program
226-627-0621 | sophrosyne.ca

COMMUNITY GROUP PROGRAMMING:

Canadian Mental Health Association
519-436-6100 | lambtonkent.cmha.ca

Chatham-Kent Community Health Centre
519-397-5455 | ckchc.ca

Chatham-Kent Health Alliance
Mental Health & Addictions Program
519-351-6144 | ckha.on.ca

House of Sophrosyne
Chatham-Kent Caring Connections Program
226-627-0621 | sophrosyne.ca

Westover Treatment Centre
519-692-5110 | 1-800-721-3232
westovertreatmentcentre.ca

SELF-HELP SUPPORT GROUPS:

Alcoholics Anonymous
519-360-5246 | 1-866-242-8811
aa.org | aachathamkent.blogspot.com

Al-Anon/Alateen
519-352-2006 | 1-866-452-2666
al-anon.alateen.on.ca

Cocaine Anonymous
1-866-622-4636 | ca-on.org

Narcotics Anonymous
519-566-3830 | 1-888-811-3887 | na-on.org

YOUTH PROGRAMS & SERVICES:

ACCESS Open Minds (ages 11-25)
519-437-6329 | openminds.ca
Family Navigator: 519-437-6329 ext. 6012

Chatham-Kent Children's Services
519-352-0440 | ckcs.on.ca

Chatham-Kent Community Health Centre
519-397-5455 | ckchc.ca

CKHA Youth Addictions Treatment
519-351-6144 | ckha.on.ca

Western Area Youth Services (W.A.Y.S.)
519-354-2065 | ways.on.ca

Rain and Shine Behavioural Counselling
519-351-6657 | rainandshine.on.ca

Restorative Justice
519-380-0931 | rjck.org

HARM REDUCTION SUPPLIES & SERVICES:

Chatham-Kent Public Health Unit
519-335-1071 ext. 5901

Aids Windsor
Mobile Outreach (Chatham) | 519-257-9646

Chatham-Kent Community Health Centre
Wallaceburg | 519-397-5455

McTavish Pharmacy
Dresden | 519-683-4491

Shopper's Drug Mart
Wallaceburg | 519-627-2204

FAMILY AND FRIENDS SUPPORT PROGRAMMING & SERVICES:

Al-Anon/Alateen
519-352-2006 | 1-866-452-2666
al-anon.alateen.on.ca

Canadian Mental Health Association
519-437-6329 ext. 6011 | lambtonkent.cmha.ca

Chatham-Kent Children's Services
519-352-0440 | ckcs.on.ca

Family Service Kent
519-354-6221 | familyservicekent.com

Nar-Anon
1-877-239-0096 | naranonontario.com

Chatham-Kent NeighbourLink
519-352-5647 | neighbourlinkck.com

Partnership for Drug-Free Kids
1-855-378-4373 | drug-free.org

Tilbury District Family Health Team
Parent Support Group | 519-682-2307 ext. 239

FIRST NATIONS PROGRAMS & SERVICES:

Bkejwanong Walpole Island First Nation
Community Service Program: 519-627-0767
Enodmaagejig Social Services: 519-627-6072
Walpole Island Health Centre: 519-627-0765
walpoleislandfirstnation.ca

Three Fires Ezhignowenmindwaa Women's Shelter
519-627-3635

Bkejwanong Youth Facility
519-627-2077

Eelūnaapēwi Lahnkēwiit Delaware Nation
Wulamalisiwiikaan- Delaware Nation Health Centre
519-692-3969 | 1-866-331-4033
delawarenation.on.ca

FAITH-BASED SERVICES:

NeighbourLink WrapAround
Relational Ministries
519-352-5647 | neighbourlinkck.com

Salvation Army
Chatham: 519-354-1430
Wallaceburg: 519-627-8257
Ridgetown & Blenheim: 519-674-3765
cksalvationarmy.org

GAMBLING PROGRAMS & SERVICES:

Chatham-Kent Health Alliance
Mental Health & Addictions Program
519-351-6144 | ckha.on.ca

Connex Ontario
Problem Gambling Helpline: 1-888-230-3505

Gamblers Anonymous (Windsor)
226-344-5127 | ga-windsor.blogspot.com

Hotel-Dieu Grace Healthcare
Addiction Assessment Services (Windsor)
519-254-2112 | hdgd.org

Ontario Problem Gambling Helpline
1-888-230-3505 | mhagb.ca

MENTAL HEALTH SERVICES & PROGRAMS:

Canadian Mental Health Association
519-436-6100 | lambtonkent.cmha.ca

CKHA Mental Health & Addictions Program
519-351-6144 | ckha.on.ca

Chatham-Kent Community Health Centre
519-397-5455 | ckchc.ca

Family Service Kent
519-354-6221 | familyservicekent.com

Mental Health Network of Chatham-Kent
519-351-3100 | mhncck.com

HOUSING PROGRAMS:

Chatham-Kent Homeless Response Line
519-354-6628 | chatham-kent.ca/ess

Canadian Mental Health Association
519-436-6100 | lambtonkent.cmha.ca

Chatham-Kent Housing Services
519-351-8573 press 3 | chatham-kent.ca

Chatham-Kent Women's Centre
519-354-6360 | 1-800-265-0598 | ckwc.ca

Salvation Army
519-354-1430 | cksalvationarmy.org

Hope Haven Men's Overnight Shelter
519-351-4010 | chathamhopehaven.com

EMPLOYMENT PROGRAMS:

Employment Ontario
1-800-387-5656
ontario.ca/page/employment-Ontario

Employment Resource Centre
Chatham: 519-436-1123
Wallaceburg: 519-627-6986

Adult Language and Learning
519-354-7424

Canadian Mental Health Association
519-436-6100 | lambtonkent.cmha.ca

Goodwill Industries
519-354-4400 | goodwillekl.com

Jobmatch
519.627.0777 | job-match.ca

St Clair College Employment Centres
Chatham & Wallaceburg: 519-628-5269
stclairemploymentcentre.com

LEGAL SERVICES:

Legal Aid Ontario
Chatham-Kent Legal Clinic
519-351-6771 | cklc.ca

HOT MEAL PROGRAMS & FOOD BANKS:

Hot Meal Programs & Food Bank Directory
Letstalkfood-ck.com/food-resources-in-c-k

Blenheim Word of Life Church
519-676-8036 | blenheimwordoflifechurch.com

Chatham Outreach for Hunger
519-351-8381 | outreachforhunger.com

Dresden Community Church
Dresden Community Food Bank: 519-683-6541

Mom's Baby Cupboard
519-627-1302

Salvation Army
Chatham: 519-354-1430
Wallaceburg: 519-627-8257
Ridgetown: 519-674-3765
Blenheim: 519-674-3765

Sandwich Guys
Pager: 519-436-3472

Tilbury Information & HELP Centre
519-682-2268

Wheatley Churches
519-825-7433

HOSPITALS:

Chatham-Kent Health Alliance
Chatham and Sydenham Campuses
519-352-6100 | ckha.on.ca

Four Counties Health Services
Middlesex Hospital Alliance
519-693-4441 | mhalliance.on.ca

Bluewater Health
Sarnia: 519-464-4400
Petrolia: 519-882-4325
bluewaterhealth.ca

POLICE SERVICES:

Chatham-Kent Police Services
519-352-1234 | ckpolice.com

Ontario Provincial Police
1-888-310-1122 | opp.ca