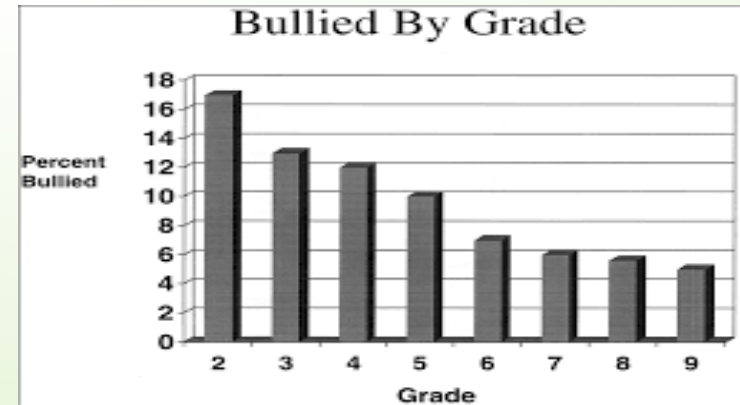


Risks of Bullying



Risks for children who bully

Children who bully are learning to use power and aggression to control and victimize other children. If their behavior is not addressed they risk growing up not knowing the difference between right and wrong. They risk high rates of delinquency, substance abuse, academic problems and a future of crime. Children who bully risk a lifetime of difficult relationships with others, including being bullied themselves.

Risks for children who are being bullied

Children who are being bullied feel increasingly powerless and become trapped in relationships in which they are being abused. If the imbalance of power is not addressed, these children will experience social anxiety, loneliness and a sense of hopelessness. They will suffer from headaches, stomach aches and low self esteem. They will want to avoid school, risking their academic performance and increasing their isolation. Children who are being bullied are at higher risk of depression and are more likely to contemplate, attempt or commit suicide.