

Where in Chatham-Kent do I go...



- For food vouchers/hot meals?
- To have my child's car seat checked?
- For licensed childcare information?
- For financial help to pay for childcare?
- For information and support for parents of multiples?
- For postpartum depression and anxiety support?
- For assistance in finding a doctor or nurse practitioner?
- For playgroups and parenting programs?
- For information on how to help my baby be born at a healthy weight?
- To have my baby/child weighed?
- For breastfeeding information and support?
- For help with an addiction?
- With concerns about my child's development?
- To learn about Fetal Alcohol Spectrum Disorder (FASD) in Kent?
- For subsidy for children's sports and recreation programs?
- For help if my child has a learning disability?
- For prenatal classes at the public health unit?
- For information about my child's 18-month Well Baby Visit?
- To find a doula?
- To find a midwife?

We've collected some of the best resources on the web to answer your frequently asked questions.

Click on the links to the left.

Other Resources

- [Chatham-Kent Public Health Unit](#)
- [New to Chatham-Kent?](#)
- [Children's Treatment Centre of Chatham-Kent](#)
- [Chatham-Kent Children's Services](#)
- [Early ON Child and Family Centres](#)



Have a question that you don't see listed here?
Call our infant and child health intake line!

519.352.7270 ext. 2903