

PRENATAL & POSTPARTUM SUPPORT SERVICES

AS PARENT & BABY GROW

A parent and baby group discussing various topics for babies under 9 months of age.

Wallaceburg

EarlyON Child and Family Centre
1350 Bertha Street

2ND & 4TH THURSDAY OF EACH MONTH
10:00 A.M. - 11:30 A.M.

Refuge Breastfeeding Clinic

All prenatal and breastfeeding mothers with babies are welcome to drop in. Come for breastfeeding help or just a coffee and a chat.

Chatham

39 Grand Avenue West
2ND & 4TH THURSDAY OF EACH MONTH
1:00 - 3:00 p.m.

ONE DAY AT A TIME

Support group for pregnant and new moms with anxiety and/or depression.

Offered weekly in Chatham
Registration required
519.352.7270

WEEKLY BABY WEIGH IN CLINICS

Chatham

EarlyON Child & Family Centre
79 Eugenie Street

EVERY FRIDAY 12:30-2:00 P.M.
(EXCEPT HOLIDAYS)

Wallaceburg

EarlyON Child & Family Centre
1350 Bertha Street

EVERY MONDAY 10:00 - 11:30 A.M.
(EXCEPT HOLIDAYS)



BREASTFEEDING SUPPORT

Support offered from Registered Lactation Consultants who are qualified to work with families who are having breastfeeding issues or concerns.

Lactation Consultants are available by phone or by appointment for one-on-one support.

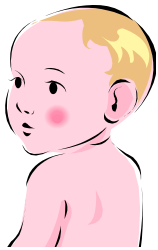
Contact the Health Unit at
519.352.7270

Baby Weigh In and Development Clinics - Held Monthly
At the EarlyON Child and Family Centres

BLENHEIM - 1st Thursday - 10:00 - 11:00 a.m.
W.J. Baird School, 182 King Street

BOTHWELL - 2nd Wednesday - 10:00 - 11:00 a.m.
Bothwell Baptist Church, 280 Peter Street North

DRESDEN - 2nd Monday - 10:00 - 11:00 a.m.
Lambton-Kent Composite School, 231 St. George Street North



RIDGETOWN - 4th Friday - 10:00 - 11:00 a.m.
St. Michaels Catholic School. 25 Maple Street

THAMESVILLE - 3rd Wednesday - 10:00 - 11:00 a.m.
EarlyON Child and Family Centre, 90 Graham Street

TILBURY - 1st Tuesday - 10:00 - 11:00 a.m.
St. Joseph's Separate School, 43 St. Clair Street

WHEATLEY - 3rd Wednesday - 10:00 - 11:00 a.m.
Wheatley Branch - Chatham Kent Public Library, 35 Talbot Road West

