

# Personal Safety and Injury Prevention



## *Making Healthy Choices*

C1.1 Supports – injury prevention, emergencies, bullying & violence

**Resources:**

- [Parachute Canada Website \(Brain Day\)](#)

## *Making Healthy Choices*

C2.2 Strategies – threats to personal safety

**Resources:**

- [Internet Safety - Need help now](#)
- [Teachers Resources for Internet Safety](#)
- [Internet Safety](#)

## *Making Connections for Healthy Living*

C3.2 Actions, self-concepts