

Personal Safety and Injury Prevention



Understanding Health Concepts

C1.1 Personal Safety – home and outdoors

Resources:

- [Ultraviolet Detecting Beads Lesson Plan](#)
- [Ontario Sun Safety Working Group - Websites for Educators](#)
- [Melanoma Network of Canada – Educator Resources](#)
- [Free Sun Safety Resources](#)
- [Parachute Canada website](#)
- [Internet Safety](#)
- [Internet Safety](#)

C1.2 Food Allergies

Making Healthy Choices

C2.3 Standing up for yourself

Making Connections for Healthy Living

C3.1 Relating to Others