

Roasted Brussels Sprouts

Ingredients

2 lbs	Brussels sprouts
2 tbsp	Canola oil
	Salt and pepper

Directions

Cut Brussels sprouts in half length-wise and place them cut-side up on a baking sheet or in a shallow roasting pan. Drizzle with oil and sprinkle with salt and pepper. Roast at 400°F for 25-30 minutes until tender-crisp.

Source: <http://www.lesliebeck.com>