

Human Development and Sexual Health



Understanding Healthy Concepts

C1.3 Delaying sexual activity

Presentation:

Growth and Development - This 1 hour 20 minute session, presented by a Public Health Nurse covers:

- Benefits and Dangers - technology (personal safety - internet, sexting, etc.)
- Delaying Sexual Activity (abstinence, healthy relationships)
- STI's (transmission, diagnosis, treatment, bacterial vs. viral, prevention and protection)
- STI and pregnancy prevention (various methods of contraception, condom use and application, etc)
- Sexual Health and Decision Making (healthy and unhealthy relationships, consent, maturity, responsibility)
- Relationship changes at puberty (privacy, interest in opposite sex, etc.)

C1.4 Sexual Transmitted infections (STIs)

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C1.5 STI and pregnancy prevention

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- Relationship changes at puberty (privacy, interest in opposite sex, etc.)

Making Healthy Choices



C2.4 Sexual Health and decision making

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- Relationship changes at puberty (privacy, interest in opposite sex, etc.)

Making Connections for Healthy Living



C3.3 Relationship changes at puberty

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