

# Human Development and Sexual Health



● *Understanding Health Concepts*

C1.3 Development of Self-concept

*Making Healthy Choices*

C2.5 Understanding of puberty changes & healthy relationships

C2.6 Decision making in relationships

*Making connections for Healthy Living*

C3.3 Stereotypes and assumptions impacts and strategies for responding



Resources

- [the Always Changing' Growth & Development video](#)