



## GREETINGS Dr. Colby

Public Health in Ontario is going through a period of uncertainty. The *Patients First* legislation provides for formal engagement between Public Health Units and LHINs to support improved population health, including local health and service delivery planning. This includes specific responsibilities of LHINs and Boards of Health to establish expected outcomes, structures and interactions (including minimum expectations for frequency of interactions), reporting and performance measurement requirements and participation of Medical Officers of Health in LHIN management discussions.

Medical Officers of Health report directly to their Boards of Health, and Boards of Health are established on the basis of municipal boundaries. These municipal boundaries do not correspond with LHIN boundaries. Most LHINs have several Health Boards within their boundaries, and in a few places some Board of Health jurisdictions contain several LHINs, some of which straddle Board of Health boundaries (and vice versa)! This incongruous alignment will create interesting challenges to implementing the *Patients First* legislation.

Medical Officers of Health are wondering how their new relationship(s) with their LHIN(s) will unfold, particularly when the primary mandates of LHINs and Boards of Health are so different. If improved communication of public needs for health care results in better care delivery, we shall all benefit. As this rolls out, the



Chatham-Kent Health Unit will continue to fulfil its many mandates of serving the public. Interesting times ahead!

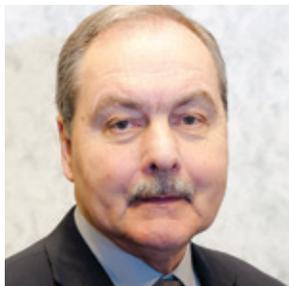
W. David Colby, MSc, MD, FRCPC  
Medical Officer of Health

# FROM OUR CHAIR **Joe Faas**

Welcome to our 2016 Annual Report. This report provides a snapshot of Chatham-Kent's public health accomplishments, provides some facts and figures and answers to the question: "What does Public Health do?"

We cannot do our work alone. Throughout this report you will see how Chatham-Kent Public Health collaborates with community partners to provide many programs and services. Some of these programs include:

- Food and water safety inspections, health hazard investigations
- Animal rabies exposure investigations
- Smoke Free Ontario/E-Cigarette Act enforcement
- School-based immunization clinics
- Supply management of all publicly funded vaccines for local health care offices and facilities
- Investigations of communicable diseases, food-borne illness outbreaks, and outbreaks in long-term care and retirement homes
- Pre-natal and post-natal support
- Healthy Smiles Ontario free dental services to eligible children
- Low cost birth control and sexual health clinics
- Curriculum support for local schools
- Advocacy for healthy public policy
- Population health assessment and program evaluation activities



Visit our website at [www.ckpublichealth.com](http://www.ckpublichealth.com) for information about all of our programs.

It is an honour to serve as your Board Chair and to work with the Board and staff. I hope you find this report useful in understanding the role, mission and importance of public health in our community.

Yours in Good Health,

**Joe Faas, Board Chair**

**MISSION:** Working together to build a healthy community

**VISION:** A Chatham-Kent where people are inspired to make health a priority

**VALUES:** Dedication, knowledge, trust & respect, leadership, innovation, flexibility

## FINANCES

### 2016 FUNDING

Provincial	8,719,139.91
Federal	78,103.12
Municipal	1,880,733.99
Other	172,394.36
<b>Total</b>	<b>10,850,371.38</b>

### 2016 EXPENSES

Employee Related	8,445,991.78
Building	574,218.52
Equipment Related	28,867.42
Contracted Services	264,481.53
Administrative	1,536,812.13
<b>Total</b>	<b>10,850,371.38</b>

# PUBLIC HEALTH **By The Numbers**

## ENVIRONMENTAL HEALTH



**1,480** food premise inspections completed

**167** recreational water inspections completed (pools, spas, splash pads, beaches etc.)

**28** Free food handler courses delivered, certifying 503 food handlers

**135** trees planted in 14 schoolyards across CK as part of Tomorrow's Greener Schools Today initiative

## SUPPORTING FAMILIES



**3,107** school children received oral health screening

**837** children received free preventative dental services

**2,918** visits to our sexual health clinics

**448** expectant and new moms' visits to the Building Healthy Babies program

**179** families received advanced breastfeeding support

## PROMOTING HEALTHY LIFESTYLES



**25** clients enrolled in Quit clinics

**66** clients attended mobile falls prevention clinics

**4,411** CK residents attended health promotion presentations

**3,988** students attended a health promotion presentation in school

**18,239** health promotion resources were distributed

**100%** of tobacco vendors in compliance with the Smoke Free Ontario Act

## INFECTIOUS DISEASE PREVENTION AND CONTROL



**245** animal exposure investigations (rabies)

**127** TB skin tests administered

**85** vaccine refrigerator inspections conducted

**19,290** doses of flu vaccine distributed

**4,055** grade 7 and 8 Hepatitis B, Menactra and HPV immunizations provided

# 2016 YEAR IN REVIEW

**January** The **Electronic Cigarette Act** came into effect. It bans the sale of E-cigarettes to anyone under 19. Educational visits were made to all ECA vendors. Signage was distributed and test shopping was conducted. Warnings were given for sales. By the end of 2016, all ECA vendors were in compliance with the new act.

**February** **Run. Jump. Play. Every Day** is the theme for the **Healthy Kids Community Challenge**. This challenge encourages physical activity through a mix of active play, sport, active transportation, and structured activities. Lots of good things happen when our kids move more – they're happier, they sleep better, and they do better in school. To support this challenge, **SUPER KIDS CK** sponsored over **180 FREE SKATING AND FREE SWIMMING** opportunities across CK.

**March** The **CK Farm to School Project** was launched for its 3<sup>rd</sup> year. From March – June, 10 local farmers partner with the **Student Nutrition Program** to provide schools with free, fresh, local produce. Over 4,000 lbs. of fresh local produce were delivered to 21 participating schools, reaching over 4900 students.

**April** April is **Oral Health Month**. We celebrated this month by providing **oral health presentations to students** in grades 2 and 8. Over 1000 students received this messaging this month.

**May** Our **workplace wellness regional conference** was held this month. It focused on **building a mindful workplace, reducing conflict and eliminating bullying in the workplace**. Approximately 130 people from workplaces across CK attended this event.

**June** CKPHU received re-designation as a **Baby Friendly Community Health Facility**. This is an international designation launched by the World Health Organization and UNICEF that aims to give every baby the best start at life. This prestigious designation is a globally recognized quality standard that **acknowledges CKPHU for offering an optimal level of care for mothers and infants**.

**July** Staff launched a new weekly **Quit Clinic**. CK residents without a primary healthcare provider are provided **nicotine replacement therapy and counseling to quit smoking**. Want to quit? You may be eligible for **FREE** quit smoking support through the health unit. Call us.

**August** Once again we launched our **Aim for 8 Campaign** that encourages people in Chatham-Kent to **eat more fruits and vegetables**. CKPHU partnered with farmers' markets, local vendors and grocery stores to offer the **Fruit and Vegetable Voucher Program**. This program is a great way to try new fruits and vegetables while supporting our local farmers through buying local produce.

**September** The **shingles vaccine** became publicly funded for seniors aged 65-70 and, until December 21, 2016, those born in 1945 who turned 71 in 2016. This vaccine was added to our inventory for distribution to local health care providers.

**October** **School immunization clinics** began. Over 2000 shots were provided by Public Health Nurses **to protect against Hepatitis B, HPV and Meningococcal disease** at 46 elementary schools in CK.

**November** CKPHU released its **2015 Infectious Disease Annual Report**. In 2015, 527 confirmed cases of infectious diseases were reported in CK. The rate for Hep C in CK was significantly higher than the provincial average. Staff is developing a strategy to address this concern.

**December** On January 1, 2017 all regulated food services premises with 20 or more locations in Ontario are required to **display calories on menus for standard food items**. Our Public Health Inspectors are planning enforcement of this legislation and will inspect 120 food premises in CK that will be affected by it.

## Board of Health:

Joe Faas  
Ron Carnahan  
Noreen Blake,  
Brock McGregor

Bob Myers  
Sharon Pfaff  
Carmen McGregor

## Management Team:

Dr. David Colby, Medical Officer of Health; Dr., April Rietdyk, CEO, General Manager, Health & Family Services; Teresa Bendo, Director, Public Health; Rosemarie Arndt, Program Manager, Environmental Health; Carina Caryn, Program Manager, Chronic Disease & Injury Prevention; Betty Schepens, Program Manager, Infectious Diseases & Emergency Preparedness; Stacy Rybansky, Program Manager, Sexual Health & Dental Health; Marnie Van Vlymen, Program Manager, Family Health; Kelly Farrugia, Chief Nursing Officer; Laura Zettler, Program Manager & Epidemiologist Foundational Standard; Stanley Ing, Epidemiologist; Heather Bakker, Administrative Assistant; Lisa Powers, Executive Assistant



Follow us to  
good health!



To reach a public health expert, contact us at:

**Main Office**, 435 Grand Ave W, Chatham, ON, N7M 5L8, p 519-352-7270

**Clinic Services**, 177 King St E, Chatham, ON, N7M 3N1 p 519-355-1071

[www.ckpublichealth.com](http://www.ckpublichealth.com)