

Your Child's Health

Immunization

- What immunizations does my child need?
- How can I help my child overcome his fear of needles?
- How can I keep track of my child's immunizations?

Illness

- Does my child have a fever?
- My child is sick – When should I call the doctor?

Healthy Teeth

- When should my child start to use toothpaste?
- When should I take my child to the dentist?
- When will my baby's teeth appear?

- How can I help my teething baby?
- How do I brush my child's teeth?

Growth and Development

- How can I help my baby's brain develop?
- Why is tummy time important for my baby - when should I start, and how?
- Is my child meeting social and emotional milestones?
- Is my child meeting developmental milestones?
- Is my child ready for toilet-training? How do I start?
- I'm looking for a daycare – what questions should I ask?
- How can I help my child be school-ready?

General

- How do I stop a nosebleed?
- How do I perform CPR on a baby?
- What do I need to know about my child's environment?



We've collected some of the best resources on the web to answer your frequently asked questions.

Click on the links to the left.

Other Resources

- [Caring for Kids](#)
- [Healthy Baby Healthy Brain](#)
- [Parents2Parents](#)
- [About Kids Health](#)
- [Healthy Canadians](#)
- [Rourke Baby Record](#)
- [Nipissing Developmental Screen](#)



Have a question that you don't see listed here?
Call our infant and child health intake line!

519.352.7270 ext. 2903