

Where in Chatham-Kent do I go...



For food vouchers/hot meals?

To have my child's car seat checked?

For licensed childcare information?

For financial help to pay for childcare?

For information and support for parents of multiples?

For postpartum depression and anxiety support?

For assistance in finding a doctor or nurse practitioner?

For playgroups and parenting programs?

For information on how to help my baby be born at a healthy weight?



To have my baby/child weighed?

For breastfeeding information and support?

For programs and services for parents and new babies?

With concerns about my child's development?

For support if my child has Fetal Alcohol Spectrum Disorder (FASD)?

For subsidy for children's sports and recreation programs?

For help if my child has a learning disability?

For prenatal classes at the public health unit?

For information about my child's 18-month Well Baby Visit?

To find a doula?

To find a midwife?



For help with an addiction?

We've collected some of the best resources on the web to answer your frequently asked questions.

Click on the links to the left.



Other Resources

[Chatham-Kent Public Health Unit](#)

[Chatham-Kent Best Start](#)

[Chatham-Kent Newcomers](#)

[Children's Treatment Centre](#)

[Chatham-Kent Children's Services](#)

[Ontario Early Years Centres](#)



**Have a question that you don't see listed here?
Call our infant and child health intake line!**

519.352.7270 ext. 2903