

Safety

Car Seats

- What car seat does my child need?
- How do I correctly install my child's car seat?
- Can my infant wear a bunting bag in the car seat?
- When is my child ready for a forward facing car seat?
- How long can I use the 5 point harness in a forward facing seat?
- When is my child ready for a booster seat?
- When is my child ready to use a seatbelt without a booster seat?

Home Safety

- How do I keep my newborn baby safe?
- Where is the safest place for my baby to sleep?
- How can I reduce the risk of Sudden Infant Death Syndrome?
- What should I know about toy safety?
- Is this food safe?
- Insect repellents: What are the risks?
- Can my child get sick from our pet(s)?

Outdoor Safety

- Can my baby wear sunscreen?
- Which helmet do I use for which activity?
- How do I properly fit a helmet for my child?
- How do I know if my child has had a concussion?
- How can I keep my child safe at the playground?
- What do I need to know about my child's environment?



We've collected some of the best resources on the web to answer your frequently asked questions.

Click on the links to the left.



Other Resources

Car Seat Safety

- [CK Public Health Blog](#)
- [Parachute Canada](#)
- [Infant and Toddler Safety Association](#)
- [Transport Canada](#)
- [Ministry of Transportation of Ontario](#)

Home Safety

- [Parachute Canada](#)
- [Newborn Safety Video](#)

Safe Sleep

- [Public Health Agency of Canada](#)
- [Canadian Pediatric Society](#)
- [Health Canada](#)

Healthy Canadians

Recalls

- [Healthy Canadians – Recalls & Alerts](#)



Have a question that you don't see listed here?
Call our infant and child health intake line!

519.352.7270 ext. 2903