

Parent – Child Relationship

Positive Discipline

- How do I set consequences for my child?
- What do I do when my child has a tantrum?
- General tips on disciplining your child.
- How can I deal with misbehaviour?
- What are some positive ways to teach my child?
- How do I deal with sibling rivalry?
- What should I do about my child's aggression?
- Why does my child cry when he's with anyone but me?
- What is resilience and how can I help my child develop it?

- My child doesn't want to go to sleep – help!
- How can I help my child manage her anger?
- What's wrong with spanking?

Growing Together

- Handy phrases for parents.
- How do I teach my kids about money?
- How can I help my toddler develop a healthy attachment?
- How can I build my child's confidence?
- How can I help my baby's brain develop?



We've collected some of the best resources on the web to answer your frequently asked questions.

Click on the links to the left.



Other Resources

- [CK Public Health Blog](#)
- [Parents Matter](#)
- [Reaching IN Reaching OUT](#)
- [Triple P Parenting Program](#)
- [Healthy Baby Healthy Brain](#)
- [About Kids Health](#)
- [Parents2Parents](#)
- [Rourke Baby Record](#)
- [Comfort, Play & Teach](#)
- [Children See Children Learn](#)



**Have a question that you don't see listed here?
Call our infant and child health information line!**

519.352.7270 ext. 2903